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## **Covid-19 Mitigation Plan**

*Updated 9/25/2020*

### **Employee Health:**

- Each employee will be screened via a full vitals check prior to each shift. Abnormal vitals or symptoms result in the employee being sent home to quarantine per CDC guidelines for Health Care Personnel: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html>
- Each employee will be required to wear a mask at all times during all shifts and when in the vicinity of the facility, whether on the clock or not.
- Each employee will be required to use proper hand washing techniques between each task.
- Each employee will be required to use hand sanitizer between each interaction with a guest.
- Each employee will be required to use gloves whenever touching a patient directly.
- Clinic personnel will be limited to essential employees only.

### **Facility Plan:**

- Visual alerts (posters) containing Covid symptoms and our mask policy are to be posted at the front door or table of each facility (clinic and satellite facilities/events.)
- Each patient is to be fully screened for Covid signs and symptoms prior to treatment.
  - If signs of Covid are present, patients will be instructed to quarantine as indicated by current CDC guidelines.
- Patients and employees will wear masks at all times when social distancing is not possible.
- Hand sanitizer will be available to guests throughout the facility.
- Chairs will be spaced 6 feet apart (may be reduced for a small group of friends or family being treated together.)
- Chairs will be fully sanitized with medical-grade sanitizing wipes between each use.
- Physical barriers between chairs (curtains) will be implemented whenever possible.
- Total patient numbers in both the treatment area and waiting area will be reduced to the number of people who can inhabit the available area and still maintain 6 feet of distance.
- If multiple patients are waiting in line for service and social distancing becomes challenging, we will implement an appointment system wherein we will text each waiting patient as space opens up on a first come/first serve basis. This will allow patients to return to their cars or other areas to wait for service and will mitigate a crowded waiting area.
- All personal medical items will be single-use.
- Waste will be disposed of immediately in sealed containers clearly designated/labelled for medical waste.
- Menus are sanitized between each use.



- Digital menus will be accessible via the website and app to discourage touching a communal menu (digital browsing is encouraged to remain eco-friendly.)
- Touchless payments (Apple Pay, Samsung Pay, Venmo, etc) will be available and encouraged.
- Transactional invoices, forms and waivers will be paperless.
- Restrooms are sanitized multiple times each day.
- Frequently touched items (knobs, handles, faucets, etc) will be sanitized each hour.

**Mobile Service:**

- Patients will be screened for Covid symptoms before a nurse is dispatched.
- No contractor or employee will be required to treat a Covid-positive patient - the choice is always the RN's.
- If signs/symptoms of Covid are present, or the patient is confirmed positive, the RN will wear full PPE, provided by Prana:
  - Gown or suit
  - N95 Mask
  - Shoe covers
- Prana will provide an N95 mask for the patient being treated to wear during the service
- Nurse will be extra cautious, sanitize continuously, and practice sterile technique.
- Patients are encouraged to fill out paperwork online before the visit, and to pay using contactless methods.
- All waste will be removed from the patient home and placed in a biohazard bag.
- Upon leaving the patient home, nurses will:
  - Use sterile technique to remove PPE
  - Place PPE in a biohazard bag
  - Remit all biohazard directly to Prana, where it will be picked up by a medical waste disposal company
  - Sanitize hands and wipe down anything that may have been contaminated with antiviral wipes

A handwritten signature in black ink, appearing to read "Kirk Wilson", with a long horizontal flourish extending to the right.

Kirk Wilson, Owner  
Prana IV Therapy  
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